Marriage and Family Counseling - A Christian Perspective

Questions from Section I

1) The Christian understands marriage as a _____ made before God and in the presence of fellow members of the Christian family.
   a) Ceremony
   b) Service
   c) Covenant
   d) Promise

2) The 3 primary goals for marriage and family life mentioned include all EXCEPT
   a) Marriage is for fellowship
   b) Marriage is for human fulfillment
   c) Marriage is for family
   d) Marriage is for growing the church

3) The Hebrew word Tselem which relates God’s purpose for man means
   a) Servant
   b) Master
   c) Tool
   d) Image

4) In Genesis 2, it is God Himself who recognizes the _____ of man.
   a) Goodness
   b) Incompleteness
   c) Usefulness
   d) Ways

5) The word _____ is one of the strongest words in Hebrew for joining two things together in such a way that they are inseparable bonded.
   a) Marriage
   b) Partner
   c) Hipbone
   d) Cleave

6) Man needed a _____ and God graciously created woman for that purpose.
   a) Purpose
   b) Co-parent
   c) Helpmate
   d) Direction

7) The position of man in the marriage relationship as stated in the book of Genesis is
   a) Overseer
   b) Liege Lord
   c) Headship
   d) Teacher
8) In Genesis 2:20-25, Sex is described as providing an expression of mutual love with the primary purpose of
   a) Giving and receiving pleasure
   b) Procreation
   c) Thwarting lust
   d) Erasing debts

9) Divorce in order to marry another is a sin against one’s spouse and a sin against
   a) The church community
   b) Children
   c) God
   d) Parents

10) Marriage is an institution that is
       a) Temporal
       b) Eternal
       c) Eternal for Christians
       d) Of unknown duration

11) In a marriage between a believer and unbeliever, the believer should not initiate separation.
       a) True
       b) False

12) All relationships, especially the marital relationship, must begin and be maintained in light of
       a) What is best for the kids
       b) Federal and state laws
       c) Covenant
       d) Church laws

13) Marriage partners should show mutual respect for each other which effectively meets the needs of women for _____ and men for _____.
       a) love, respect
       b) respect, nurture
       c) nurture, companionship
       d) companionship, love

14) If godly principles of love and respect are lived out in the home, a couple should expect that children 12 years and under _____ and children aged 13 and older _____.
       a) honor, imitate
       b) imitate, serve
       c) serve, imitate
       d) obey, honor

15) Which is superior in standing before God?
       a) Men
       b) Women
       c) Children
       d) None of the above
16) Peter admonishes men to both _____ their wives and to _____ them.
   a) Instruct, Love
   b) Love, Understand
   c) Understand, Subdue
   d) Subdue, Instruct

17) More than _____ of school-age children are living with parents who have been divorced at least once.
   a) 5%
   b) 10%
   c) 20%
   d) 30%

18) It has been noted that _____ out of nine youths in American society end up in juvenile court by age 18 and that approximately _____ of all school-age children have moderate to severe mental and emotional problems.
   a) 1, 10%
   b) 2, 20%
   c) 3, 30%
   d) 4, 40%

19) Keeping an equilibrium or _____ is necessary for adequate family functioning.
   a) Sense of humor
   b) Homeostatic balance
   c) Feedback loop
   d) Accountability group

20) Which is the fourth need in Maslow’s hierarchy?
   a) Physiological
   b) Safety
   c) Esteem
   d) Love

21) All the following are mentioned as ways that we may attempt to fulfill our needs in marriage EXCEPT
   a) Status
   b) Belonging
   c) Worthiness
   d) Force

22) What does Ephesians 4:14-15 mention as a mark of maturity?
   a) Do unto others as we want done unto us
   b) Delay gratification
   c) Speak the truth in love
   d) Have a pure heart and mind

23) What characteristic does Psalm 119:165 mention about the person who lacks maturity?
   a) Critical spirit
   b) Easily offended
   c) Holds grudges
   d) Easily angered
24) Which is the emotional aspect of love dealing with closeness, sharing, companionship, and building each other up?
   a) Eros
   b) Philio
   c) Storge
   d) Agape

25) Which is family love, generally expressed in our honoring of our parents and our nurture for our children?
   a) Eros
   b) Philio
   c) Storge
   d) Agape

26) The bible states that sex is for
   a) Procreation
   b) Recreation and release
   c) Both
   d) Neither

27) All are true EXCEPT
   a) Healthy sexuality is instantaneous
   b) Children are not asexual before puberty
   c) Healthy sexuality is learned
   d) God created us male or female

28) Ephesians 5:21 describes the spiritual ideal that husband and wife are
   a) Mutually Exclusive
   b) Brother and Sister
   c) Equal partners
   d) Bound to each other for eternity

29) Paul uses the example of Christ’s _____ action on behalf of the church as an example of headship.
   a) Leadership
   b) Lordship
   c) Self-sacrificing
   d) Modeling

Questions from Section II

30) The highest form of the one flesh relationship is
   a) Peace
   b) Worship
   c) Love
   d) Unity

31) The _____ is to be the primary place of instruction for children.
   a) Church
   b) Home
   c) School
   d) Community
32) Which is NOT a change in families?
   a) Families have moved from urban areas to rural
   b) Families have moved from production to consumption oriented
   c) Families have shifted from an economy of scarcity to abundance
   d) Families have more complex and flexible rules to live by

33) What is mentioned as a primary component necessary for children to grow to maturity?
   a) A limited amount of freedom
   b) Discipline
   c) Unconditional love
   d) All the above

34) Children are to obey and honor their parents, a requirement that lasts until
   a) Age 13
   b) Age 18
   c) Adulthood
   d) It never ends

35) Hebrews 12:9 mentions that regarding children
   a) They are not to rule their house
   b) Their youth is not to be despised
   c) They are to be corrected by their fathers
   d) They are to establish a pattern of good works

36) Child training is significant because children by nature are
   a) Vegetarians
   b) Gullible
   c) Followers
   d) Self-centered

37) Children work on acquiring a sense of basic trust while overcoming a sense of mistrust at what age?
   a) Birth to 2 years
   b) Around age 3
   c) Beginning at around age 4 or 5 years
   d) From ages 6 through approximately 11

38) Acquiring a sense of industry versus inferiority is most important from
   a) Around age 3
   b) Beginning at around age 4 or 5 years
   c) From ages 6 through approximately 11
   d) From ages 13 through 18

39) There is an attempt to acquire a sense of intimacy and avoid a sense of isolation
   a) From ages 6 through approximately 11
   b) From ages 12 through 14
   c) From ages 15 to 18
   d) From ages 19 to 22
40) From the ages of 15 and 25 what decision does an individual make?
   a) Making a decision about their faith
   b) Determining their life’s work
   c) Making a decision about their mate
   d) All the above

41) Especially if they are under age ______, a spanking can be the most appropriate way to impact negative/defiant behavior.
   a) 3-4 years
   b) 5-6 years
   c) 7-8 years
   d) 9-10 years

42) Corporal punishment should be used
   a) When needed
   b) When at home
   c) When in public
   d) As a last resort

43) Regarding vocational guidance, parents should emphasize that _____ is far more important than ______.
   a) Striving, Yearning
   b) Yearning, Being
   c) Being, Doing
   d) Doing, Striving

44) What term does the author prefer to “mid-life crisis”?
   a) Fallen state
   b) Mid-marriage condition
   c) First world confusion
   d) Post moral state

45) In church growth circles the ______ rule is often discussed.
   a) Peter Principle
   b) 80/20
   c) Murphy’s Law
   d) Golden-ish

46) Leisure requires
   a) Leaving and cleaving
   b) A conscious decision
   c) A partner to enjoy it with
   d) A change in activity

47) Proverbs 24:3,4 states “By wisdom a house is built, and by understanding it is established; and by knowledge the rooms are filled with all precious and pleasant riches”. These are all ______
   a) Relational
   b) Cognitive
   c) Spiritual
   d) Financial
48) In the Healthy Home study, which characteristic had a focus of teaching?
   a) Unconditional love
   b) Age appropriate discipline
   c) Habitability and predictability
   d) Share common goals

49) Which is NOT a component of communication?
   a) Attention
   b) Responding
   c) Sharing
   d) Interpretation

50) The first and most readily used form of communication is
   a) Symbolic
   b) Empathic communication
   c) Verbal
   d) Non-verbal

51) The lady who became upset when her counselor told her to think of God as a father was given
    as an example of what type of barrier to communication?
    a) Language
    b) Images
    c) Defense mechanisms
    d) Anxiety

52) Which type of distortion is communication is “You’re just as big a slob as your father”?
    a) Mislabeling
    b) Mistaking similarities
    c) Exaggerating the difference
    d) Disrespectful labels

53) The word communication comes from a Latin word meaning to
    a) Make common
    b) Mind meld
    c) Join with
    d) See eye to eye

54) Which is NOT mentioned as one of the three basic coping patterns?
    a) Flight
    b) Fight
    c) Face and solve
    d) Forget and deny

55) H. Robinson describes communication in marriage as a meeting of
    a) Minds
    b) Hearts
    c) Meanings
    d) Impressions
56) Which is the cliché level of communication?
   a) Level 0
   b) Level 1
   c) Level 3
   d) Level 5

57) Which type of communication with open emotions and honesty does not allow for judgment of the other person?
   a) Visceral
   b) Gut-level
   c) Instinctive
   d) Reactive

58) Which type of dirty fighting involves being passive-aggressive in their style, or subtle in their anger?
   a) The spy
   b) The shotgun method
   c) The tease
   d) Ignoring your spouse

59) Which is a form of false humility and spiritual pride?
   a) Insistence on justice
   b) Being open and frank at all times
   c) Being too helpful
   d) Being condescending

60) Which are probable the two most important categories, and the most damaging?
   a) The spy, Use children as a weapon
   b) Use children as weapons, Use sexuality as a weapon
   c) Use sexuality as a weapon, Be too helpful
   d) Be too helpful, The spy

61) Regarding anger, the common themes from the scriptures referenced is
   a) Restraint and Self-control
   b) Self-control and Clear speech
   c) Clear speech and Action
   d) Action and Restraint

Questions from Section III

62) As Christians, the focus on self is to develop a positive self-image.
   a) True
   b) False

63) What is characterized by accurate self-appraisal, responsiveness to the opinions of others, and a willingness to give praise to others before claiming it for one’s self?
   a) Pride
   b) Actualization
   c) Mindfulness
   d) Humility
64) It is recommended that parents, churches, etc., emphasize _____ not dating to Christian teenagers.
   a) Friendship
   b) Fellowship
   c) Co-working
   d) Co-teaching

65) Deuteronomy 14: 28-29 says we are to Provide for _____ so that the Lord may bless you.
   a) Orphans
   b) Strangers
   c) Widows
   d) Divorcees

66) Interference from in-laws may occur when the husband or wife does not follow the directions in Genesis 2 to
   a) Build strong walls
   b) Leave and cleave
   c) Forsake all others
   d) Go to a far off country

67) Which is not one of the Three “T’s” of stewardship?
   a) Time
   b) Talent
   c) Trust
   d) Treasure

68) Which is not one of the four scriptural area that need to be considered in financial planning?
   a) Receiving
   b) Earning
   c) Savings
   d) Spending

69) Regarding giving, 2 Corinthians 8:5 states that we must give of _____ first.
   a) Our first fruits
   b) Ourselves
   c) Our best
   d) Our time

70) For harmony in the family, it is recommended to
   a) Put the other first
   b) Keep on the sunny side
   c) Live in the moment
   d) Just be reasonable

Questions from Section IV

71) Psychology has accurately been called
   a) The Secular Priesthood
   b) First Contact
   c) Into Darkness
   d) The Undiscovered Country
72) Which of the key factors in assessing a family involves rules, rituals and rights of passage?
   a) Attributes
   b) Affiliations
   c) Artifacts
   d) Anomalies

73) In which technique does the counselor make the seemingly obvious, obvious?
   a) Adjusting the mirror
   b) Lobbing the ball
   c) Breaking it down
   d) Describing the symptom

74) The most commonly used techniques to assist the family in skill building are accomplished through positive truth in love communication.
   a) True
   b) False