Suicide Assessment and Treatment

1) CDC estimates ____ attempted suicides occur per every suicide death.
   a) 4  
   b) 7  
   c) 11 
   d) 18

2) One out of every ____ high school students reported having made a suicide attempt that was serious enough to be treated by a doctor or a nurse (CDC, 2010).
   a) 21  
   b) 32  
   c) 53  
   d) 74

3) The CDC reported that the highest suicide rate was among people ____ years old.
   a) 16 to 23  
   b) 24 to 44  
   c) 45 to 64  
   d) 65 to 85

4) Poisoning accounts for ____ of female suicides, compared to ____ of male suicides.
   a) 12%, 37% 
   b) 19%, 30% 
   c) 30%, 19% 
   d) 37%, 12%

5) The most consistent protective factor found in suicide research is
   a) employment and physical health 
   b) physical health and social support 
   c) social support and connectedness 
   d) connectedness and employment

6) Which is a measure of hopelessness that is a 20-item self-report inventory?
   a) Beck Hopelessness Scale 
   b) Rey Hopelessness Inventory 
   c) Lawrence Hopelessness Schedule 
   d) Brief Hopelessness Checklist

7) In 2008, alcohol was a factor in approximately ____ of suicides reported in 16 states.
   a) 1/8 
   b) 1/4 
   c) 1/3 
   d) 1/2
8) Kaley, Mancino, and Messias (2014) found in all suicide outcomes a stronger association with ____, followed by ____ then ____.
   a) prescription drug abuse, inhalant abuse, cannabis abuse
   b) cannabis abuse, inhalant abuse, prescription drug abuse
   c) prescription drug abuse, cannabis abuse, inhalant abuse
   d) inhalant abuse, prescription drug abuse, cannabis abuse

9) Hor and Taylor (2010) found all the following were risk factors with a strong association with later suicide EXCEPT
   a) Young
   b) Male
   c) Low level of education
   d) Family history of suicide

10) Young women with BPD have a suicide rate ____ higher than the general population.
   a) 100
   b) 200
   c) 400
   d) 800

11) For treatment of individuals with personality disorders, the effectiveness of ____ in reducing suicide has been shown in a number of studies.
    a) CBT
    b) RET
    c) ENT
    d) DBT

12) Safren & Heimberg (1999) found that ____ of LGB people who had attempted suicide reported that they had really hoped to die, compared to ____ of heterosexuals.
    a) 58%, 33%
    b) 33%, 58%
    c) 76%, 44%
    d) 44%, 76%

13) LeardMann et al. (2013) found that the increasing incidence of suicide among veterans can be attributed to unique stressors such as combat deployment.
    a) True
    b) False

14) The lifetime prevalence of suicide among the homeless has been estimated to be as high as
    a) 36%
    b) 46%
    c) 56%
15) According to CDC data, suicide rates are highest among ____ individuals.
   a) African American
   b) Native American
   c) Caucasian
   d) Hispanic

16) Among all ethnicities, ____ and ____ are the least likely to seek help for psychological disorders.
   a) African American, Asian American
   b) Asian American, Pacific Islanders
   c) Pacific Islanders, Hispanic
   d) Hispanic, African American

17) One challenging aspect in recognizing suicidal ideation in Native American people concerns
   a) Politeness theory
   b) Machismo
   c) Geographical isolation
   d) A strong sense of individuality

18) Which is NOT one of the three warning signs mentioned by Rudd (2006) which carry the highest likelihood of short-term onset of suicidal behaviors which require immediate attention.
   a) Hopelessness
   b) Threatening to hurt self
   c) Looking for ways to kill self
   d) Talking or writing about death

19) Knapp and VandeCreek (2012) term informed consent
   a) Common-sense permission
   b) Empowered collaboration
   c) Priming the pump
   d) Ringing the doorbell

20) Which is a specific type of documentation recommended for cases of client’s suicidal ideation?
   a) Risk-benefit note
   b) Proactive charting
   c) FFN addendum
   d) 360 review