Women and Mental Health

1) The most common mental health condition linked to domestic violence is
   a) Anxiety
   b) Eating Disorder
   c) Personality Disorder
   d) Depression

2) Abusing alcohol is considered a/an ____ coping strategy because it does not focus on solving or overcoming a problem.
   a) passive
   b) ineffective
   c) temporary
   d) avoidant

3) Heredity accounts for about ____ of the etiology of depression.
   a) half
   b) two-thirds
   c) three-quarters
   d) seven-eights

4) Which is NOT one of the diagnostic criteria for Major Depression?
   a) Significant (>10%) weight gain or loss
   b) Depressed mood most of the day
   c) Insomnia or hypersomnia
   d) Psychomotor agitation or retardation observed by others

5) Persistent depressive disorder has depressive symptoms that persist for greater than or equal to
   a) 6 months
   b) 12 months
   c) 18 months
   d) 2 years

6) Which depressive disorder describes patient who have lost pleasure in nearly all activities or do not respond to usually pleasurable stimuli?
   a) Mixed features
   b) Atypical
   c) Anxious distress
   d) Melancholic
7) For which depressive disorder does a patient’s mood temporarily brighten in response to a positive event?
   a) Mixed features
   b) Atypical
   c) Anxious distress
   d) Melancholic

8) Which was formerly called “pseudodementia”?
   a) Dysthymia
   b) Dementia of depression
   c) Hypothyroidism
   d) Parkinson disease

9) Which anxiety disorder is equally common among men and women?
   a) Specific Phobias
   b) Social Anxiety Disorder
   c) Posttraumatic Stress Disorder
   d) Panic Disorder

10) Which was formally called hysteria or Briquet’s syndrome?
    a) Conversion disorder
    b) Pain disorder
    c) Somatization disorder
    d) Body dysmorphic disorder

11) For Somatic Symptom Disorder, a persistent course is characterized by a duration of more than
    a) 6 months
    b) 9 months
    c) 12 months
    d) 2 years

12) Which are generally not used during pregnancy because they require dietary restrictions?
    a) SNRIs
    b) Tricyclics
    c) MAOIs
    d) SSRIs

13) Which antidepressants are most commonly used during pregnancy?
    a) SNRIs
    b) Tricyclics
    c) MAOIs
    d) SSRIs
14) Which is experienced by 13% of mothers in the first year postpartum?
   a) Postpartum blues
   b) Postpartum psychosis
   c) Postpartum anhedonia
   d) Postpartum depression

15) Which is an atypical antipsychotic?
   a) Thorazine
   b) Zyprexa
   c) Lexapro
   d) Trileptal

16) Which is an SNRI?
   a) Celexa
   b) Paxil
   c) Zoloft
   d) Effexor

17) Which type of antidepressant may include dry mouth as a side effect?
   a) SNRIs
   b) Tricyclics
   c) MAOIs
   d) SSRIs

18) Serotonin syndrome is usually associated with which type of antidepressants?
   a) SNRIs
   b) Tricyclics
   c) MAOIs
   d) SSRIs

19) Which was the first mood stabilizer approved by the FDA in the 1970s for treating both manic and depressive episodes?
   a) Lithium
   b) Valproic acid
   c) Lamictal
   d) Tegretol

20) Which is commonly used to treat GAD?
   a) Prozac
   b) Zoloft
   c) Lexapro
   d) Effexor
21) Which is used to control some of the physical symptoms of anxiety, such as trembling and sweating?
   a) Beta blockers
   b) Benzodiazepines
   c) SNRIs
   d) Tricyclic antidepressants

22) In 2007, the FDA required that all makers of ADHD medications develop patient medication guides which must alert patients to possible ____ and ____ problems.
   a) Psychiatric, Kidney
   b) Kidney, Liver
   c) Liver, Heart
   d) Heart, Psychiatric

23) Which antipsychotic medication is FDA approved for ages 10 and older for bipolar disorder, manic or mixed episodes?
   a) Stelazine
   b) Moban
   c) Abilify
   d) Clozaril

24) Which is often thought of as a “first-line treatment” in many anxiety disorders?
   a) Interpersonal therapy
   b) CBT
   c) Psychodynamic psychotherapy
   d) DBT

25) Which was initially developed to treat chronically suicidal individuals with Borderline Personality Disorder?
   a) Interpersonal therapy
   b) CBT
   c) Psychodynamic psychotherapy
   d) DBT