Improving Cultural Competence, Part 1 Introduction to Cultural Competence

1) A particular type of health difference closely linked with social, economic, and/or environmental disadvantage is known as a health
   a) Outlier
   b) Disparity
   c) Imbalance
   d) Contrast

2) On the continuum of cultural competence, "Cultural Incapacity" is
   a) Stage 1
   b) Stage 2
   c) Stage 3
   d) Stage 4

3) Counselors acknowledge a need for more training specific to the populations they serve at which level of cultural competence development?
   a) Cultural Destructiveness
   b) Cultural Blindness
   c) Cultural Proficiency
   d) Cultural Precompetence

4) Which is defined by a community or society and structures the way people view the world?
   a) Cultural Identity
   b) Culture
   c) Race
   d) Ethnicity

5) Which refers to the social identity and mutual sense of belonging that defines a group of people through common historical or family origins, beliefs, and standards of behavior?
   a) Cultural Identity
   b) Culture
   c) Race
   d) Ethnicity

6) Which describes an individual’s affiliation or identification with a particular group or groups?
   a) Cultural Identity
   b) Culture
   c) Race
   d) Ethnicity
7) Which describes men’s emotional connectedness in Latino cultural groups?
   a) Machismo
   b) Caballerismo
   c) Marianismo
   d) Maraschino

8) Which immigrants have the highest level of education of any immigrant group?
   a) White
   b) Asian
   c) African
   d) Pacific Islander

9) The differences in parents’ values and expectations and adolescents’ behavior can lead to distress in close-knit immigrant families. This disruption is known as the ____ gap.
   a) Communication
   b) Acculturation
   c) Respect
   d) Accommodation

10) Which is an outcome of acculturation which involves the complete adoption of the ways of life of the new cultural group?
    a) Assimilation
    b) Biculturalism
    c) Accommodation
    d) Enculturation

11) The individual is more oriented toward traditional culture but has some familiarity with mainstream culture in a ____ orientation.
    a) Traditional
    b) Bicultural
    c) Transitional
    d) Marginal

12) Karriker-Jaffe and Zenmore (2009) found that higher levels of acculturation are associated with increased alcohol consumption only when combined with
    a) Above-average SES
    b) Below-average SES
    c) Greater distance from country or origin
    d) Lesser distance from country or origin
   a) 54%
   b) 65%
   c) 76%
   d) 87%

14) There are ____ prohibitions against alcohol use in Judaism, and rates of alcohol abuse and dependence are significantly ____ for Jews than for other populations.
   a) Strict, Lower
   b) Strict, Higher
   c) No Lower
   d) No, Higher

15) The ____ Precept of Buddhism is not to use intoxicating substances.
   a) Third
   b) Fifth
   c) Seventh
   d) Tenth