Couples Of Mixed Hiv Status: Clinical Issues And Interventions

1) Another term for couples of mixed HIV status is
   a) contrapun tal couples
   b) unbalanced couples
   c) serodiscordant couples
   d) blended status couples

2) According to Bor et al. (1993) mental health professionals who counsel couples with AIDS have relied predominantly on what model?
   a) systemic
   b) psychosocial
   c) psychotherapeutic
   d) cognitive

3) an early term for HIV was
   a) GREY
   b) RADS
   c) GRID
   d) RASS

4) According to the CDC (2001) in 1993 women exposed to HIV through heterosexual contact made up what percentage of the overall HIV population?
   a) 17%
   b) 20%
   c) 23%
   d) 26%

5) According to Carruthers et al. (2001) 33-40% of people with HIV/AIDS are also infected with
   a) hepatitis C virus
   b) pneumonia
   c) cirrhosis
   d) cystic fibrosis

6) Beckerman et al. (2001) found the greatest conflict in serodiscordant relationships to be
   a) coping with uncertainty
   b) shifts in emotional intimacy
   c) impact on sexuality
   d) fear of HIV transmission

7) Mancilla & Troshinsky (2003) suggest that a decreased sex drive in a serodiscordant couple can be due to
   a) lower testosterone levels
   b) anxiety and depression
   c) disease progression
   d) medications side-effects
8) Meta-analysis of marriage therapies (e.g. Gottman, 1999) found the centerpiece of skill development across therapies to be
   a) active listening techniques
   b) solution focus techniques
   c) unconditional positive regard
   d) cognitive based techniques

9) Researchers (e.g. Dattilio, 1993) consistently found overall marital satisfaction to be improved using behavioral marital therapies and
   a) cognitive behavioral marital therapy
   b) humanistic therapy
   c) Imago therapy
   d) structural therapy

10) The assessment phase of structural therapy with couples includes attention to all of the following EXCEPT
    a) the overall structure
    b) the capacity for sensitivity with each other
    c) the developmental phase of the couple
    d) previous nodal events around illness

11) Which of the following is not a type of attachment dynamic described by Bowlby?
    a) avoidant
    b) anxious
    c) secure
    d) disorganized

12) Johnson et al. (2001) describes a wound that occurs when 1 partner fails to emotionally respond to the other as
    a) splitting
    b) a bunker mentality
    c) an attachment injury
    d) emotional disassociation

13) ICT encourages the couple to view the problem as
    a) something they both share
    b) an attachment issue
    c) a medical problem
    d) a societal problem

14) Subjects for the study were recruited from
    a) ads in gay magazines
    b) outpatient hospitals and AIDS support organizations
    c) web based AIDS support groups
    d) hospice support groups

15) Potential limitations of the study include all EXCEPT
    a) only couples who were motivated to respond did so
    b) small sample size
    c) no heterosexual couples were in the sample
    d) only individuals who were in the social services network were included
16) What percent of respondents strongly agreed that fear of HIV transmission was a concern in the relationship?
   a) 53%
   b) 63%
   c) 73%
   d) 83%

17) Conflict surrounding disclosure of HIV status was more prevalent among African-Americans and Hispanics than White respondents.
   a) True
   b) False

18) A term coined to describe life after a partner has tested HIV positive is
   a) post diagnosis blues
   b) discordance
   c) life AD
   d) dysynchronous

19) The study found fear of HIV transmission to be more likely to strongly affect a homosexual relationship than a heterosexual relationship.
   a) True
   b) False

20) A recent controversial trend where HIV negative individuals purposely seek to contract HIV is known as
   a) synchrony
   b) bugchasing
   c) lover's leap
   d) Russian roulette

21) In the case of Angela and Rick, what played a critical role in Angela's feelings regarding Rick's HIV status?
   a) her anxiety disorder
   b) her parents' attitudes regarding Rick
   c) her children
   d) her sibling subsystem

22) Heterosexual couples report more changes in their emotional intimacy than do gay couples.
   a) True
   b) False

23) Couples who have experienced any HIV related illness have been twice as likely to report emotional shifts in the relationship as those couples who have not.
   a) True
   b) False

24) Minuchin (1984) refers to a couple's tendency to pull toward each other to feel close during an emotional crisis as
   a) centrifugal forces
   b) magnetism
   c) a vortex
   d) centripetal forces
25) The day-to-day fighting Rob and John engaged in served to
   a) punish each other
   b) deflect underlying feelings of anxiety
   c) function as an emotional outlet
   d) provide a way to connect to emotionally

26) Uncertainty in the study included all EXCEPT
   a) how the virus might progress
   b) how long the negative partner would continue to test negative
   c) whether friends and family would abandon
   d) whether the negative partner will be able to see them through the end of their illness

27) Which is NOT one of the primary aims of medical family therapy identified by McDaniel et al. (1995)?
   a) advocating patient and family to be fully educated about their health status
   b) facilitating open communication between family members about the illness
   c) helping the family access relevant community resources
   d) helping the family to adjust to new functional and emotional roles

28) Bowlby's (1969) research suggest that it sickness and calamity adults experience what type of attachment behaviors?
   a) primary
   b) secondary
   c) tertiary
   d) vacillating

29) Which is NOT one of the patterns of adaptive crisis resolution according to Parad (1965)?
   a) correct/accurate cognitive perception
   b) management of affect
   c) ability to develop/access emotional intelligence
   d) ability to seek and accept help

30) According to Josephson (1997) disclosure of HIV to friends and family is associated with increased social support.
   a) True
   b) False

31) For gay men, there can be a deep conflict about disclosing HIV status as it often entails a
   a) betrayal of trust
   b) double coming out
   c) crisis of identity
   d) third party

32) Disclosure was a primary concern more often among
   a) heterosexual couples
   b) gay couples

33) In the case of Gary and Tim, the focus of intervention was
   a) didactic
   b) experiential
   c) within and between
   d) give and take
34) Mancilla & Troshinsky (2003) reported an increasing pattern of new couples getting tested for HIV earlier as a
   a) right of passage to trust
   b) prenuptial contract component
   c) condition of health insurance
   d) result of media public service ads

35) Ripple's (1964) tripartite assessment paradigm includes all EXCEPT
   a) motivation
   b) history
   c) capacity
   d) opportunity

36) What type of injury discussed by Johnson at all (2001) was evident between Kevin and Anthony?
   a) communication
   b) betrayal
   c) primal
   d) attachment

37) According to Beckerman (2000) a central concern for HIV women is
   a) they may not be able to become pregnant
   b) their partner may abandon them
   c) they may transmit HIV to their unborn child
   d) extended family may not accept their children

38) An individual's serostatus was a significant indicator of their level of concern regarding family planning in their relationship.
   a) True
   b) False