The OASIS Guide to Asperger Syndrome

Questions from chapter 1

1. Asperger's Syndrome (AS) is listed in the DSM-IV-TR as one of 5
   a. Childhood Disintegrative Disorders
   b. Disorders of Childhood and Adolescence
   c. Autistic Spectrum Disorders
   d. Pervasive Developmental Disorders

2. The incidence of AS by gender is
   a. more boys than girls
   b. more girls than boys
   c. an equal incidence between genders
   d. there have been too few cases to determine incidence

3. Studies of monozygotic twins has shown that autism occurs in both twins what percent of the time?
   a. 34%
   b. 44%
   c. 54%
   d. 64%

4. The noncontextual, inappropriate or meaningless repetition of a word, syllable or phrase is
   a. immediate echolalia
   b. delayed echolalia
   c. pallilalia
   d. stress echolalia

5. What are repetitive motor movements such as hand, flapping, spinning or walking on tiptoe?
   a. pica
   b. perseveration
   c. stereotypies
   d. rhythmia

6. All the following are diagnostic criteria for Asperger's Disorder EXCEPT
   a. marked impairment in the use of multiple nonverbal behaviors
   b. a clinically significant general delay in language
   c. lack of social or emotional reciprocity
   d. failure to develop peer relationships appropriate to developmental level

7. All the following are AS-specific assessment scales EXCEPT
   a. Australian Scale for Asperger's Syndrome
   b. Gilliam Asperger's Disorder Scale
   c. Asperger Syndrome Diagnostic Scale
   d. Cornell Scale for Asperger's Disorder
Questions from chapter 2

8. In the OASIS survey, which of the following behaviors were the most frequent for parents?
   a. driven out of your way to accommodate the interest
   b. made a special trip to replace or purchase an item related to the special interest
   c. made special plans for vacations to accommodate the interest
   d. left a social gathering because the special interest was dominating the event

9. The inherent desire to share attention with others is known as
   a. emotional attunement
   b. social engagement
   c. empathic response
   d. emotional bonding

10. How did parents say their AS children most frequently respond to problem sounds?
    a. will become angry
    b. refuses to go to places where problem sounds occur
    c. will cover ears with their own hands
    d. will become irrational

11. The brain's ability to plan and carry out steps to complete a task is pre-frontal planning
    a. pre-frontal planning
    b. executive functioning
    c. unitasking
    d. proaction

12. The most important skill for AS children is
    a. independence
    b. flexibility
    c. communication
    d. attending

Questions from chapter 3

13. Which is a term used by school districts to identify types of disabilities for program design and record keeping?
    a. diagnosis
    b. categorization
    c. classification
    d. placement

14. Having an ASD significantly increases the risk of seizure disorder.
    a. True
    b. False

15. What is defined as difficulty performing and comprehending mathematical calculations?
    a. acalculia
    b. malcalculia
    c. datcalculia
    d. dyscalculia
16. What condition is marked by a child's precocious ability to read words at a level far beyond his years?
   a. dyslexia
   b. NVLD
   c. CAPD
   d. hyperlexia

17. Autistic tendencies that are milder, less numerous, or have less adverse impact on functioning than autism itself is
   a. broader autistic phenotype
   b. autistic spectrum syndrome
   c. co-occurring autistic symptoms
   d. pervasive developmental effects

18. Private and parochial schools do not need to comply with IDEA guidelines.
   a. True
   b. False

19. Which is NOT a widely used IQ test?
   a. WISC
   b. WIAT
   c. SBIS-4
   d. K-ABC

20. The mean score of the WISC-III is
   a. 0
   b. 15
   c. 50
   d. 100

Questions from chapter 4

21. In the OASIS survey, what was the most common parental emotion upon learning their child had AS?
   a. disbelieving
   b. relieved
   c. depressed
   d. angry

22. What percent of parents reported that dealing with AS had created additional stress in the relationship?
   a. 60%
   b. 70%
   c. 80%
   d. 90%

23. Most health insurance policies don't cover AS.
   a. True
   b. False
Questions from chapter 5

24. When parents were asked which resources were among the most helpful, the highest percentage indicated
   a. information from doctors, educators, or other professionals
   b. information found in books, magazines, newspapers, and other media
   c. information from friends and family
   d. information from national organizations

25. All of the following are suggestions for parents in taking a teacher-like approach EXCEPT
   a. make your demands and the consequences clear beforehand
   b. if your child succeeds praise him and reward as promised
   c. use yourself as a prompt or cue
   d. if your child fails, leave your anger frustration and nagging out of it

Questions from chapter 6

26. The most important member of the team is the
   a. child
   b. parent
   c. physician
   d. teacher

27. Applied behavior analysis used in the context of ASD was made famous by
   a. Lovaas
   b. Skinner
   c. Watson
   d. Lazurus

28. In the ABC model of behaviorism, the A stands for
   a. assess
   b. affect
   c. antecedent
   d. attribution

29. In Verbal Behavior, a request is known as
   a. mand
   b. tact
   c. parse
   d. call

30. The goal of AIT is to help those with AS to
   a. express feelings appropriately
   b. gain social skills
   c. understand what they hear
   d. learn to read other's emotions
31. What is a brief narrative that describes a situation, explains feelings of everyone involved and gives direction regarding an appropriate response?
   a. affective anecdotes
   b. social stories
   c. therapeutic monologues
   d. the director's chair

32. One limitation of Comic Strip Conversations is that they require fairly sophisticated artistic skills.
   a. True
   b. False

33. Not knowing where your hand is in relation to the rest of your body describes what type of dysfunction?
   a. tactile
   b. gustatory
   c. proprioception
   d. olfactory

34. Which of the language problems concerns the social use of language?
   a. semantics
   b. pragmatics
   c. presupposition
   d. social discourse

35. The DVD that presents 412 distinct human emotions and how to identify them is
   a. Occulancy
   b. Affective-ness
   c. Emotion Magic
   d. Mind Reading

36. What type of psychotherapy is recommended for children with AS?
   a. cognitive-behavioral therapy
   b. psychoanalysis
   c. gestalt therapy
   d. family therapy

Questions from chapter 7

37. The use of a drug for symptoms not listed under “Indications and usage” is known as what type of use?
   a. single subject
   b. black market
   c. experimental
   d. off-label

38. Prescribing more than 1 psychoactive medication at a time is known as
   a. multimodal therapy
   b. the shotgun approach
   c. polypharmacy
   d. spectrum dosing
39. The most frequently prescribed class of medications for persons with PDD's are
   a. SSRIs
   b. tricyclics
   c. atypical antidepressants
   d. MAOIs

40. Which of the following is a tricyclic antidepressant?
   a. Luvox
   b. Elavil
   c. Serzone
   d. Celexa

41. A child could not eat chocolate if taking a/an
   a. SSRI
   b. tricyclic
   c. MAOI
   d. neuroleptic

42. Which is a selective norepinephrine reuptake inhibitor?
   a. strattera
   b. serentil
   c. seroquel
   d. serzone

43. Neuroleptics do not need to "build up" in the system.
   a. True
   b. False

44. Which antihypertensive has shown promise in the treatment of Tourette's syndrome and tics?
   a. Inderal
   b. Corgard
   c. Serax
   d. Tenex

Questions from chapter 8

45. A state may mandate specific services not included in IDEA.
   a. True
   b. False

46. When IDEA was originally passed in 1975, congress promised to provide local school districts what percent of the cost of providing the education and services IDEA mandates?
   a. 40%
   b. 50%
   c. 60%
   d. 70%

47. Simply having a disability automatically entitles a student to special education under IDEA.
   a. True
   b. False
48. Eligibility under IDEA automatically entitles a student to protections and rights under Section 504.
   a. True
   b. False

49. All the following are key components of an IEP EXCEPT
   a. a statement of the child’s educational performance level
   b. a statement of annual goals
   c. a statement of expectations for the child and parents
   d. a statement of the least restrictive environment

Questions from chapter 9

50. All the following are factors that may contribute to emotional difficulties EXCEPT
   a. low frustration tolerance
   b. high pain threshold
   c. developmentally related emotional immaturity
   d. deficits in executive functioning

51. What term in the book Teaching Children with Autism to Mind Read, describes a deficit in theory of
    mind?
   a. misattributions
   b. monocular perception
   c. reality distortion field
   d. mindblindness

52. What is described as “the tendency to draw together diverse information to construct higher-level
    meaning in context”?
   a. central coherence
   b. cognitive convergence
   c. mental collation
   d. contextual assimilation

53. For creating structure in the home, set routines can serve as
   a. roadmaps
   b. landmarks
   c. guardrails
   d. rest areas

54. The authors of Asperger Syndrome and Difficult Moments state it is imperative that parents have the
   a. lasting word
   b. upper hand
   c. patience of Job
   d. courage of their convictions

55. In response to emotional outbursts, it is usually helpful to ask rhetorical questions.
   a. True
   b. False
Questions from chapter 10

56. Which was the only variable in a recent study cited by Attwood & Gray which was able to predict the scores on any quality of life measures for high functioning adults with autism?
   a. job satisfaction
   b. intelligence
   c. hours spent with friends
   d. income level

57. All the following are mentioned as friendship skills EXCEPT
   a. assistance
   b. criticism
   c. empathy
   d. humor

58. Perhaps the most important experience which can be given to a child with AS is social practice and
   a. play
   b. solitude
   c. organizational skills
   d. skill acquisition

Questions from chapter 11

59. A description of giftedness attributed to the Columbus group is
   a. ceiling scrapping
   b. outlying
   c. asynchronous development
   d. g

60. There are no special provisions regarding discipline for disability-related behaviors under section 504.
   a. True
   b. False

61. Which is a strategy for a child who speaks without giving listeners information necessary for their comprehension?
   a. teach turn taking
   b. teach cues for when to reply
   c. teach introductory remarks
   d. practice theory-of-mind exercises

62. A suggested strategy for sensitivity to sound is to use exposure techniques to help the child get used to the sound.
   a. True
   b. False

63. All of the following are mentioned as problematic unstructured activities of the school day EXCEPT
   a. recess
   b. homeroom
   c. lunch
   d. the school bus ride
64. For the older student, IEP's must provide specific information on transition services for students at what age and older?
   a. 10
   b. 12
   c. 14
   d. 16

Questions from chapter 12

65. There isn't a great deal of information available to assist parents in raising an adolescent with AS.
   a. True

66. Adults who have been diagnosed with AS, with very few exceptions felt finding out about their AS was
   a. positive
   b. negative
   c. neutral

67. Many parents report that their teens find high school more comfortable than junior high.
   a. True
   b. False

68. The accommodations for the SAT, AP, and ACT may be different than the accommodations offered at the child's school.
   a. True
   b. False