Human Sexuality Today

1) Which was an era of public prudery and purity?
   a) Edwardian
   b) Georgian
   c) Victorian
   d) Colonial

2) Only about _____ of television shows with sexually related content make any reference to sexual health or responsibility.
   a) 1/8
   b) 1/4
   c) 1/3
   d) 1/2

3) The modern era of sex research did not begin until the publication of _____’s studies.
   a) Alfred C. Kinsey
   b) Sigmund Freud
   c) Henry Havelock Ellis
   d) Masters and Johnson

4) The approach that believes that children should be exposed to a wide variety of beliefs so that they can make their own choices as to what is best for them is known as
   a) abstinence-plus education
   b) comprehensive sexuality education
   c) humanistic education
   d) student based education

5) The only structure in men or women with no known function other than to focus sexual sensations is the
   a) penis
   b) foreskin
   c) clitoris
   d) pubic bone

6) The _____ are the female gonads.
   a) fallopian tubes
   b) ovaries
   c) uterus
   d) cervix

7) An average ejaculation contains about _____ sperm.
   a) 20 to 30
   b) 200,000 to 300,000
   c) 20 million to 30 million
   d) 200 million to 300 million

8) Perhaps the most important part of the brain for sexual functioning is the
   a) hypothalamus
   b) hippocampus
   c) cingulate gyrus
   d) amygdala
9) Ovulation occurs at _____ of the menstrual cycle.
   a) days 1 to 4  
   b) days 5 to 13  
   c) day 14  
   d) days 15 to 28

10) About _____ of women with regular menstrual cycles have some PMS symptoms.
    a) 45%  
    b) 60%  
    c) 75%  
    d) 90%

11) Painful abdominal cramps during menstruation is called
    a) dysmenorrhea  
    b) endometriosis  
    c) amenorrhea  
    d) premenstrual dysphoric disorder

12) In the regulation of male hormones, all the following operate in a feedback loop EXCEPT
    a) hypothalamus  
    b) pons  
    c) pituitary gland  
    d) testicles

13) The Cowper's glands become active in which phase of a man's sexual response cycle?
    a) excitement  
    b) plateau  
    c) orgasm  
    d) resolution

14) For women, the clitoris is more prominent during the _____ phase that at any other time.
    a) excitement  
    b) plateau  
    c) orgasm  
    d) resolution

15) According to Spector & Carey (1990), about _____ of American women have never had an orgasm under any circumstances.
    a) 0 to 5%  
    b) 5 to 10%  
    c) 10 to 15%  
    d) 15 to 20%

16) Alcohol is a/an
    a) aphrodisiac  
    b) upper  
    c) pheromone  
    d) anaphrodisiac

17) The Centers for Disease Control and Prevention (2007) estimates that there will be _____ new cases of Gonorrhea in the United States this year.
    a) 100,000  
    b) 300,000  
    c) 500,000  
    d) 700,000
18) There is no cure for herpes.
   a) True
   b) False

19) As many as _____ of sexually active teenaged girls eventually are infected with HPV.
   a) 62%
   b) 72%
   c) 82%
   d) 92%

20) The Centers for Disease Control and Prevention states the definition of AIDS to include a CD4+ cell count below
   a) 50
   b) 100
   c) 150
   d) 200

21) The most common type of vaginitis is
   a) bacterial vaginosis
   b) moniliasis
   c) trichomoniasis
   d) cystitis

22) Nearly _____ out of every 100 women using the withdrawal method conceive within the first year of use.
   a) 5
   b) 15
   c) 25
   d) 35

23) “Reality” is a trade name for a
   a) diaphragm
   b) spermicide
   c) birth control pill
   d) female condom

24) The oral contraceptive “Lybel”
   a) suppresses monthly periods for 1 year
   b) reduces monthly periods to 6 per year
   c) reduces monthly periods to every other month
   d) does not interfere with monthly periods

25) The world health organization estimates that there are _____ abortions worldwide each year.
   a) 6 million
   b) 12 million
   c) 25 million
   d) 50 million

26) When the sperm are in the woman's reproductive trace, they undergo a process called _____ in which their membranes become thin enough so an enzyme can be released to soften the egg's outer layer.
   a) effacement
   b) capacitation
   c) impantation
   d) morphing
27) The umbilical cord, heart, and digestive system begin to form by the end of the
   a) fourth week
   b) eight week
   c) twelfth week
   d) sixteenth week

28) The leading cause of mental retardation in the United States is
   a) cocaine use during pregnancy
   b) fetal alcohol syndrome
   c) smoking during pregnancy
   d) premature births

29) Toxemia generally occurs
   a) in the first trimester of pregnancy
   b) in the second trimester of pregnancy
   c) in the third trimester of pregnancy
   d) in the first month postpartum

   a) 31%
   b) 41%
   c) 51%
   d) 61%

31) About 1 in _____ women experience postpartum psychosis.
   a) 1,000
   b) 5,000
   c) 50,000
   d) 100,000

32) A person having high scores on both dimensions of the Bem Sex-Role Inventory would be classified as
   a) androgynous
   b) masculine
   c) feminine
   d) undifferentiated

33) Males who are born with 1 or more extra X chromosomes has a condition known as
   a) Turner's syndrome
   b) Adrenogenital syndrome
   c) Androgen insensitivity syndrome
   d) Klinefelter's syndrome

34) “Gender constancy” is part of which theory?
   a) Freudian theory
   b) Social Learning theory
   c) Cognitive-Developmental theory
   d) evolutionary theory

35) Eagly and Wood (1999) proposed a _____ theory to explain developmental gender differences.
   a) Evolutionary
   b) sociocultural
   c) biosocial
   d) hormonal
36) An analysis of the U.S. Census indicate that about _____ of men and about _____ of women are homosexual or bisexual.
   a) 1% to 2%, 2.5% to 3%
   b) 2.5% to 3%, 1% to 2%
   c) 4% to 5%, 6.5% to 8%
   d) 6.5% to 8%, 4% to 5%

37) Freud believed that a person's sexual orientation depended on how _____ was resolved.
   a) the Electra complex
   b) the Oedipus complex
   c) penis envy
   d) vagina envy

38) In _____ the American Psychiatric Association decided to discontinue classifying homosexuality as a mental illness.
   a) 1953
   b) 1963
   c) 1973
   d) 1983

39) Studies estimate that _____ of all lesbians are married or have been married.
   a) 40%
   b) 50%
   c) 60%
   d) 70%

40) Sexual exploration games are often played with playmates of the same sex during
   a) early infancy
   b) early childhood
   c) initial school-age
   d) puberty

41) Gynecomastia is a condition during puberty where boys develop temporarily enlarged
   a) breasts
   b) penises
   c) testicles
   d) egos

42) Over _____ of high school seniors have had sexual intercourse.
   a) 30%
   b) 40%
   c) 50%
   d) 60%

43) The decrease in testosterone which results in some physiological changes as men age is known as
   a) limerence
   b) phimosis
   c) andopause
   d) prostatitis

44) J.H. Kellogg invented _____ to curb youthful lusts.
   a) Cornflakes
   b) saltpeter
   c) the yo-yo
   d) the Barbie Doll
45) Those at which education level had the highest incidence of masturbation in the past year?
   a) Less than High School
   b) High School Graduates
   c) College Graduates
   d) Graduate Degree

46) For most Americans, the first experience with sexual intercourse is in the
   a) missionary position
   b) sitting
   c) standing
   d) side-by-side

47) Oral stimulation of the penis is called
   a) lambo
   b) contracto
   c) lascivio
   d) fellatio

48) Davis (1985) found that people generally rated love relationships much higher in all the following characteristics EXCEPT
   a) fascination
   b) exclusiveness
   c) sexual desire
   d) cyclicity

49) How did Maslow (1968) refer to conditional love?
   a) A-love
   b) B-love
   c) C-love
   d) D-love

50) Which is not a style of attachment identified by Ainsworth et al. (1978)?
   a) secure
   b) anxious-ambivalent
   c) affective
   d) avoidant

51) an affectionate type of love that develops from friendship slowly over time is
   a) storge
   b) pragma
   c) ludus
   d) eros

52) In the PLISSIT model, the P stands for
   a) positions
   b) positives
   c) permission
   d) prepare

53) Masters and Johnson created _____ exercises to reduce anxiety and teach nonverbal communication skills.
   a) humming
   b) body paint
   c) sock puppet
   d) sensate focus
54) Smokers are _____ more likely than nonsmokers to suffer from erectile problems.
   a) 50%
   b) 60%
   c) 70%
   d) 80%

55) The _____ technique was developed by Masters and Johnson to treat premature ejaculation.
   a) ice cube
   b) aversion
   c) squeeze
   d) lamprey eel

56) The female sexual pain disorder which involves recurrent or persistent genital pain associated with sexual intercourse is
   a) preelampsia
   b) vaginismus
   c) prostaglandins
   d) dyspareunia

57) Frotteurism involves
   a) licking
   b) smelling
   c) rubbing
   d) exposing

58) To qualify as a paraphilia, sadomasochism must be the preferred means of sexual arousal.
   a) True
   b) False

59) A person with autoerotic asphyxiation would be most likely to use which of the following?
   a) Jello
   b) nitrous oxide
   c) handcuffs
   d) a plastic bag

60) What percentage of victims of rape are a friend/acquaintance?
   a) 30%
   b) 40%
   c) 50%
   d) 60%

61) None of the 50 states consider marital rape a crime.
   a) True
   b) False

62) Which type of rapist commit their attacks in order to overcome personal feelings of insecurity and inadequacy?
   a) power rapists
   b) anger rapists
   c) sadistic rapists
   d) opportunistic rapists

63) Sexual harassment is most common in _____ occupations.
   a) White collar
   b) Blue collar
64) According to Boroughs (2004), _____ of child sexual abuse victims were abused by women.
   a) 10%
   b) 15%
   c) 20%
   d) 25%

65) The average college man spends about _____ a month looking at sexually explicit material.
   a) 1 hour
   b) 3 hours
   c) 6 hours
   d) 12 hours

66) The 1985 commission on pornography found a causal relationship exists between sexually violent pornography and violence toward women.
   a) True
   b) False

67) The brothel prostitute has been replaced by
   a) A-girls
   b) B-girls
   c) C-girls
   d) D-girls

68) The primary reason given by persons engaging in prostitution is
   a) slavery
   b) economics
   c) excitement
   d) drug addiction