Schizophrenia

Questions from chapter 1

1) The Schizophrenia diagnosis accounts for _____ of all mental health expenditures.
   a) 65%
   b) 75%
   c) 85%
   d) 95%

2) Which is NOT a category of schizophrenia symptoms?
   a) disorganized
   b) neutral
   c) positive
   d) negative

3) The duration criteria for schizophrenia are that continuous signs of the disturbance must persist for at least
   a) 1 week
   b) 1 month
   c) 3 months
   d) 6 months

4) The prevalence of schizophrenia in the general population is around
   a) .5 to 1%
   b) 1 to 1.5%
   c) 1.5 to 3%
   d) 3 to 4.5%

5) Huber et al. (1980) stated that even in the second and third decades of illness, there is still potential for full or partial recovery.
   a) True
   b) False

6) Which is NOT an endocrine disorder which can produce psychotic symptoms?
   a) Addison's Disease
   b) Cushing's syndrome
   c) Wilson's disease
   d) Hypopituitarism

7) In those with schizophrenia, estimates of smoking have been as high as
   a) 50%
   b) 70%
   c) 80%
   d) 90%
8) Which is a condition involving excessive water intake?
   a) polydipsia
   b) AquaFinality
   c) hydrosipalus
   d) aquenchia

Questions from chapter 2

9) Having a parent with schizophrenia raises a child's risk of having the disorder to
   a) 3%
   b) 5%
   c) 7%
   d) 10%

10) According to Phillips & Silverstein (2003), a recent view posits that schizophrenia involves
    a fundamental disturbance in
    a) the home environment
    b) work-life balance
    c) cognitive coordination
    d) the force

11) The most influential neurophysiological theory of schizophrenia is the _____ hypothesis.
    a) serotonin
    b) norepinephrine
    c) dopamine
    d) melatonin

12) Fish (1987) uses the term "pandysmaturation" to describe _____ in high-risk children.
    a) developmental abnormalities
    b) the step-wise developmental course
    c) the craving for high fructose snacks
    d) the frustration experienced on the playground

13) Which environmental factor related to schizophrenia is mentioned by Cantor-Grae & Selten (1995)?
    a) industrial pollutants
    b) SES
    c) urban birth, upbringing and migration
    d) international migration

14) Henquet et al. (2005) report that _____ use more than doubles the risk of developing schizophrenia.
    a) cocaine
    b) cannabis
    c) alcohol
    d) tobacco
15) Beck and Rector (2005) highlight the importance of _____ in the development and maintenance of symptoms.
   a) nonenriched environments
   b) genetics
   c) punitive environments
   d) distorted beliefs

Questions from chapter 3

16) Which is not a symptom rating scale?
   a) SSRS
   b) SANS
   c) SAPS
   d) PANSS

17) The Independent Living Skills Inventory was developed at the
   a) Texas A&M University
   b) University of Washington
   c) University of Nebraska
   d) Stanford University

18) The goal of _____ assessment is to quantify learning potential.
   a) fluid
   b) scalable
   c) extrinsic
   d) dynamic

19) Tertiary influences are assessed in _____ of MFM diagnostic formulations.
   a) Step 1
   b) Step 2
   c) Step 3
   d) Step 4

20) It is important to link each intervention in MFM to a specific
   a) hypothesis
   b) client
   c) staff member
   d) behavior

Questions from chapter 4

21) Social Skills Training involves almost continuous use of
   a) positive reinforcement
   b) role playing exercises
   c) negative reinforcement
   d) feedback loops
22) Which is NOT a stage in the CBT approach to Problem Solving Skills Training?
   a) detection and identification of the problem
   b) visualizing a successful implementation of the solution
   c) implementation of the solution
   d) evaluation of the results

23) Which is NOT a skills training group in the UCLA Social and Independent Living Skills Program?
   a) Addictions management
   b) medication management
   c) symptom management
   d) recreation for leisure

24) Which has demonstrated superiority in terms of helping people get competitive paid employment?
   a) day treatment
   b) supported employment
   c) sheltered workshops
   d) psychosocial rehabilitation programs

25) Which is a self-help life management system developed in 1997 by a group of people who had been working to recover from mental health difficulties?
   a) WRAP
   b) STUFF
   c) FOLD
   d) TAPE

26) The authors state that _____ is one of the most underutilized technologies in adult mental health services.
   a) twitter medication reminders
   b) gps tracking
   c) contingency management
   d) web based group therapy

27) Rector & Beck (2001) reported that CBT for schizophrenia produced large clinical effects on
   a) positive symptoms
   b) negative symptoms
   c) neither positive nor negative symptoms
   d) both positive and negative symptoms

28) Which of the following is try regarding psychodynamic therapies for schizophrenia?
   a) The past should be the focus of treatment
   b) interpretations are especially helpful
   c) the classic psychoanalytic approach is contraindicated
   d) The optimum frequency of sessions is daily, Monday through Friday
29) What treatment was developed by Hogarty and Flesher (1999) and is designed to be used with outpatient populations?
   a) integrated psychological therapy
   b) PORT
   c) NEAR
   d) cognitive enhancement therapy

30) Supported cognition interventions integrate _____ approaches.
   a) psychosocial and economic
   b) economic and neuropsychological
   c) neuropsychological and behavioral
   d) behavioral and psychosocial

31) Fairweather Lodge and Thresholds are examples of
   a) Assertive Community Treatment
   b) the Psychosocial Clubhouse Model
   c) a Sheltered Workshop Model
   d) Supported Housing

32) Which is NOT a key factor of the Social Learning Program?
   a) learning-based techniques
   b) medial model focus
   c) direct skills training
   d) token economy

33) Data suggest that, in schizophrenia, cognitive rehabilitation exerts its effects through _____ mechanisms.
   a) synergistic
   b) top down
   c) interpersonal
   d) intrapersonal

34) Assertive community treatment is an upgrade of case management specially designed for people with severe disabilities.
   a) True
   b) False